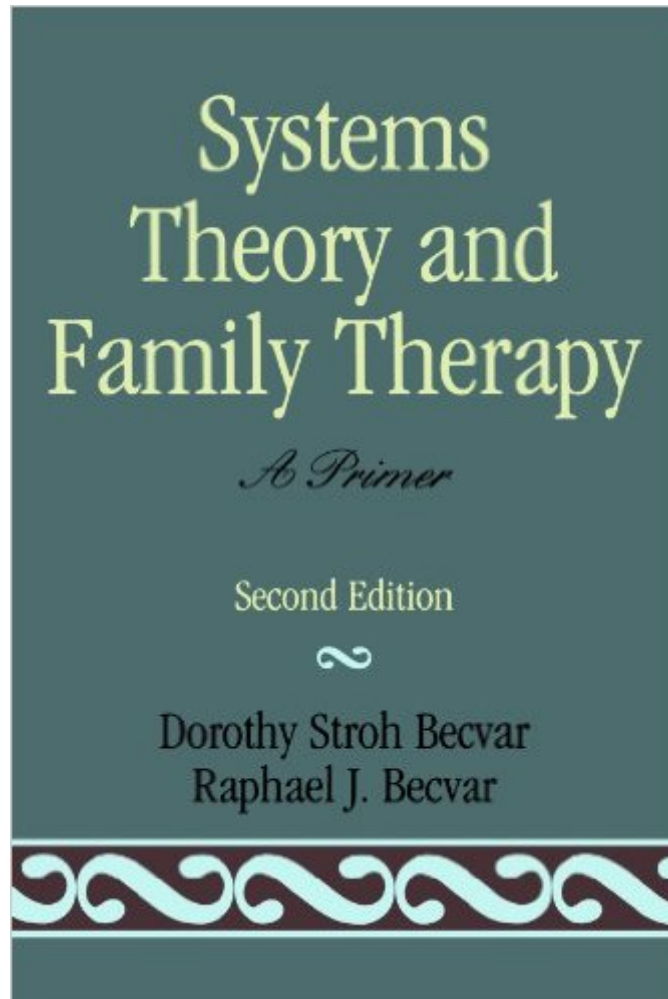


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# Systems Theory And Family Therapy: A Primer



## Synopsis

Systems Theory and Family Therapy describes the basic concepts of systems theory and its application in family therapy in a clear, understandable manner with many illustrations drawn from clinical practice. This edition provides a revised and updated version of the original, that simplifies a complex area of study, enabling students to learn the subject more easily without being overwhelmed by the language normally employed in presenting these subjects. The authors discuss the distinctions between modernism and postmodernism as well as first-order and second-order cybernetics. They also include discussions of constructivism and social constructionism, as well as the ramifications of these perspectives for the theory and practice of family therapy.

## Book Information

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## Customer Reviews

The Becvar's once again offer top-notch explanations of a sometimes difficult subject. This book is a must read for all individuals interested in integrating strong systems thinking and intervention into practice.

The book provides a thorough theoretical introduction to some great areas of thought and care provision -- it will open your eyes to new ways of thinking about yourself, your family, your community, and those you care for. The text is at times dense and repetitive, and there are some typos peppered throughout, but the value of the ground being covered and the short length of the book make these things easy to look beyond. Helpful too is the summary chapter in the middle that helps crystallize the theoretical components laid out before that point. Note that if you are looking for

a manualized therapy system, you'll want to read elsewhere -- the section on practical applications is not very structured, and is meant more to begin giving examples of how to apply the theory that occupies most of the text.

I'm a social work student and I was taking a class on system theory. This was good for definitions. Since it's under 200 pages you can find what you're looking for fast.

Great condensed resource for understanding the broader concepts of Systems Theory. Very helpful in understanding key concepts and gathering concise information for academic writing.

The best book I have ever read for understanding my relationship with my family and my community. A must have for All adults and mature teenagers.

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